



## AIME Awake

**A hands-on, skills-focused airway learning experience  
using clinical cadavers**

**AIME Awake Audience:** This program is designed for experienced clinicians. Clinicians will benefit most from this program if they have had prior airway management training/experience (e.g., an AIME course; residency trained and/or significant “field” experience).

**Note:** Potential attendees should be aware that this course uses clinical cadavers that have been gifted to the Human Body Donation program at Dalhousie. These bodies’ tissues retain a lifelike response to airway interventions.

### **Course Highlights:**

- High-quality, approachable and often entertaining educators.
- 4-5:1 learner to instructor ratio.
- 4-5:1 learner to clinical cadaver ratio.
- Brief didactic session to reinforce present the components of, and indications for awake tracheal intubation (ATI)
- Bedside demonstration of effective techniques for applying topical airway anesthesia, followed by hands-on practice opportunity in cadavers.
- Extensive hands-on opportunity to gain skills in both and flexible endoscopy-and video laryngoscopy facilitated awake intubation techniques, with 1:1 coaching through each repetition by experienced faculty.
- Opportunity for further flexible endoscopy skills acquisition on part-task simulators.
- Faculty with mixed Emergency Medicine and Anesthesia backgrounds, all with extensive experience in performing and teaching airway management.



**Program Objectives:** Attendees will...

1. Recognize the components of awake tracheal intubation (ATI) and awake internal airway assessment.
2. Based on airway evaluation, recognize when ATI is indicated.
3. Practice hands-on skills in applying the necessary topical airway anesthesia to facilitate well-tolerated ATI.
4. Practice hands-on skills in oral and nasal ATI using flexible endoscopy and video laryngoscopy in human cadaveric specimens, with continuous coaching.
5. Understand when to enhance the standard airway evaluation with awake airway assessment, with hands-on practice of the technique.
6. During case simulations and discussions, become aware of conundrums that may arise during ATI, together with their solutions.
7. Complete the day with new-found confidence in their ability to perform ATI when indicated.

**Program Day:**

- 0800-0830** Arrival / registration / coffee  
**0830-0850** Welcome and course logistics  
**0850-0930** Didactic: Introduction to awake tracheal intubation (ATI)  
**0930-1000** Hands-on 1: Topical airway anesthesia for ATI  
**1000-1020** Coffee break.  
**1020-1200** Hands-on 2: Oral ATI using flexible endoscopy  
**1200-1240** Lunch  
**1240-1320** Hands-on 3: Oral ATI using video laryngoscopy  
**1320-1400** Hands-on 4: Nasal ATI using flexible endoscopy  
**1400-1500** Case simulations and discussion (with refreshments)  
**1500-1600** Hands-on 5: Awake internal airway assessment and ATI skills consolidation  
**1600-1630** Cognitive consolidation and wrap-up